

connected **3D**

## CONNECTED: OLDER CHILDREN/TEENS

### BEST USE

As an activity with older children/teens

### NUTRITIONAL VALUE

Discussing how to use technology in a God-honoring manner

### ADVANCE PREPARATION

- Schedule a time to connect with your child over a favorite treat
- Gather items: Bible, computer and/or mobile device

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## **SERVE IT UP**

Follow the simple steps for a great experience.

### **STEP ONE: Talk about It**

Use this time to connect with your child through conversation about positive uses of technology.

### **STEP TWO: Play**

Ask your child what game they like to play on a technology device. Play that game or find a new game that you can enjoy together. Consider playing a game like Yahtzee, Scrabble, Family Feud or several other free versions of games in the mobile app store.

### **STEP THREE: Listen**

Ask your child what song(s) they enjoy listening to. Spend time searching and listening to music while looking at the lyrics. Ask them which current, popular songs have offensive/questionable or God-honoring lyrics. Check out the top Christian songs together and the free Air1 app for a good variety of current popular music.

### **STEP FOUR: Read**

Read **1 Corinthians 10:31** together: "So whether you eat or drink or whatever you do, do it all for the glory of God."

### **STEP FIVE: Discuss**

Discuss how to use technology in a manner that honors God. Consider reviewing/signing the "Connected Family Contract" to further the discussion.

End your time together thanking God for your family and asking Him to help you stay connected and help you avoid using technology in ways that might dishonor Him.

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